

DAILY GOALS WORKSHEET

- I CONNECT** with my inner guidance
- I RELEASE** old intentions and goals
- I CHECK-IN** that the current driving force behind my intentions is love

PLAN 1

- THE PLAN: What I want to accomplish and the end result (as if its already achieved) _____

- THE TIMEFRAME:

- Overall timeframe _____
- Milestone Goals

- A _____
- B _____
- C _____
- D _____
- E _____
- F _____
- G _____

- THE PATH: My immediate action items:

- A _____
- B _____
- C _____

- I ask for GUIDANCE to clarify my plans and begin setting my goals in motion

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PLAN 2

- THE PLAN: What I want to accomplish and the end result (as if its already achieved) _____

- THE TIMEFRAME:

- Overall timeframe _____
- Milestone Goals

- A _____
- B _____
- C _____
- D _____
- E _____
- F _____
- G _____

- THE PATH: My immediate action items:

- A _____
- B _____
- C _____

- I ask for GUIDANCE to clarify my plans and begin setting my goals in motion

- I CONNECT** with my inner guidance
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PLAN 3

- THE PLAN: What I want to accomplish and the end result (as if its already achieved) _____

- THE TIMEFRAME:

- Overall timeframe _____
- Milestone Goals

- A _____
- B _____
- C _____
- D _____
- E _____
- F _____
- G _____

- THE PATH: My immediate action items:

- A _____
- B _____
- C _____

- I ask for GUIDANCE to clarify my plans and begin setting my goals in motion