

MY COMMITMENT

I am committed to creating a space where it is safe for us to share anything with each other.

I am committed to treating you with kindness and respect through my thoughts, words and actions, whether in your presence or not.

I connect with my higher self and consciously choose love as the motivation shaping my realities and behaviors.
I look for and acknowledge the highest and best in you.

Maintaining our connection and nurturing our relationship is more important than any issue.
I am committed to keeping communication open between us.

I am here with you. I am here for you.
When conflicts arise I will be mindful of my own words and will attentively listen to yours.

I am committed to us healing together and celebrating life.